



# Resilience, Restoration & Results

堅韌精勤 屢創高峰

2022 Annual Report 年報



## Message from the Centre

Yee Hong's unwavering strength, resiliency and determination continued to shine in 2022. Despite ongoing pandemic and other sector-wide challenges, we kept our unrelenting focus and commitment to providing safe, compassionate and excellent care for our seniors.

This was a year of restoration and results as we continued to advance our vision of "Seniors living their lives to the fullest – with independence, health and dignity." 2022 also marked the first full year of Yee Hong's new three-year Strategic Plan. We thank our residents, clients, families, staff, donors, funders, and community partners for your continued trust in Yee Hong. Your support and confidence in Yee Hong enables us to thrive and flourish.

Our 2022 accomplishments to celebrate and be proud of include:

- Accreditation with Exemplary Standing from Accreditation Canada until 2026, the eighth consecutive time that Yee Hong received full accreditation since its inception.
- Continued excellent pandemic response and outbreak management while providing high-quality services to those in our care.
- Advancing our partnerships and sharing our expertise and best practices with local and cross-provincial partners, including hosting a "Care for Caregivers" Knowledge Transfer Conference with our partners in Vancouver.

- Continuing to innovate and expand our services, including obtaining a \$25,000 grant to launch our "Care Food Project" to enhance food quality for seniors with swallowing difficulties.
- Graduating two more classes of Personal Support Workers from the Yee Hong Training and Learning Centre and creating an inter-disciplinary leadership program.
- Recertifying as one of "Canada's Most Admired Corporate Cultures" by Waterstone Human Capital.

In 2023, we will be applying for final approvals to begin construction of our new Finch II home, creating a second Yee Hong Training and Learning Centre campus to train more PSW students in Mississauga, and continuing to share our expertise with other senior care providers who want to benefit from Yee Hong's experience. We also continue to expand the awareness of Yee Hong's full continuum of services and collaborate with our funders, partners and stakeholders to collectively meet the growing needs of our communities.

Yee Hong continues to advocate for increased access to and availability of high-quality, culturally-appropriate care and services for older adults living in Ontario and across Canada. We are proud of our achievements in 2022, and we look forward to another successful year together with you in 2023.

# 頤康中心

## 獻辭

頤康於2022年一如既往地展現堅韌不拔的力量和決心。儘管面對持續的疫情及行業的內在挑戰，我們仍堅定不移地為長者提供安全和悉心的優良服務。

隨着我們持續推進「讓長者活得豐盛、獨立、健康且有尊嚴」的願景，頤康今年得以逐漸復常和取得成果。2022年亦標誌着頤康三年策略計劃的首個年度已經結束，我們感謝院友、服務使用者、家屬、員工、捐贈者、資助者和合作夥伴對頤康持續的信任，您們對頤康的支持和信心使我們得以蓬勃發展。

過去一年，我們取得引以自豪的成就包括：

- 獲加拿大衛生服務鑑證機構 Accreditation Canada 頒授全面認證及「模範榮譽」，有效期至2026年；是頤康自開辦以來連續第八次獲得認證。
- 在有效應對疫情和防範疫情爆發的同時，持續為院友和服務使用者提供高質素服務。
- 建立和加強合作夥伴關係，與本地和跨省合作夥伴分享我們的專業知識和最佳實踐，包括與溫哥華的合作夥伴舉辦「關愛照顧者」知識轉移論壇。
- 持續創新和擴大我們的服務範圍，包括獲得2.5萬撥款，啟動「照護食」項目，讓有吞嚥困難的長者也可享用「盛饌」。
- 頤康專業培訓中心再成功推行兩屆個人護理員課程的培訓，並建立一個跨學科的領袖培訓計劃。
- 重獲Waterstone Human Capital評定的「加拿大最受尊崇的企業文化」獎項。

展望2023年，我們將為頤康芬治中心二期工程準備最後批文，於密西沙加開設第二所頤康專業培訓中心，以培訓更多個人護理員，並繼續與其他護老者分享頤康的專業知識。我們亦會繼續對外推廣對頤康連貫性服務的認知，並與我們的資助者、合作夥伴和持份者合作，滿足社區日益增長的需求。

頤康致力為居住於安大略省和加拿大各地的長者，倡導獲得高質素和切合文化需要護理服務的機會。我們為2022年的成就感到自豪，並期待在2023年與您一起再創輝煌。



**Dr. San Ng, PhD 伍倩文**  
Chief Executive Officer  
Yee Hong Centre  
頤康中心首席行政總監



**Anthony Chang 張潮華**  
Board Chair  
Yee Hong Centre  
頤康中心董事會主席

## Message from the Foundation

As we reflect on this past year, we are so proud that Yee Hong Foundation has continued to make a meaningful impact in the lives of those we serve. The stories and pictures contained in this report reflect just a handful of the many people touched by Yee Hong's caring community, made possible through our foundation's fundraising.

In the 35 years since Yee Hong was founded in 1987, we have been dedicated to supporting culturally appropriate care for seniors in the Chinese community in the Greater Toronto Area, becoming one of Canada's leading non-profit providers of long-term care. We tirelessly continue to advocate for the importance of long-term care and the need for increased funding and support.

Despite the obstacles in fundraising during the COVID-19 pandemic, we stayed incredibly resilient as we navigated the uncertain, gradual restoration of our societal norms, and still achieved remarkable results. We quickly adapted to changing circumstances, embraced innovative solutions, and fostered a spirit of unity within our team and community.

We started the year with our second virtual Dragon Ball gala and continued with limited versions of our annual golf tournament and radiothon, all of which succeeded beyond expectations. Our new Love Gives Capital Campaign continued to gain momentum with the

launch of the corporate partnership with Canada-China Realty Professional Association and the energy of our YH NextGen group of young supporters.

The results of these collective efforts are evident in the numerous lives we've touched and the positive transformations we've seen within our community. The funds we raised helped support the long-term care at our four Yee Hong Centres; the innovative programs of our Community and Professional Services division; the essential palliative care at our Peter K Kwok Hospice; and much more. We have witnessed countless stories of hope, courage, and change shared by those who have benefited from Yee Hong's services, including Brittany Wilson, whose wedding at our Hospice you can read about further in this report.

Looking ahead, we aim to increase our fundraising over the next several years to support the Love Gives Capital Campaign to build three new facilities and help address the long wait times for a Yee Hong bed. None of this is possible without the generosity and support of our dedicated staff, donors, volunteers, and community partners. We are incredibly grateful for your ongoing commitment to our mission, and with your continued support, we can create a brighter tomorrow for our community together.



# 頤康基金會

## 獻辭

回顧過去一年，基金會繼續為頤康服務社群的生活帶來正面影響，我們為此感到自豪。儘管此報告中所包含的故事和照片只反映了頤康關愛社群中的一小部分人，但所有這些暖心故事的背後全靠基金會努力不懈地進行籌款工作。

自頤康於1987年創立以來的35年間，我們一直致力於大多倫多地區為華裔長者提供切合文化需要的護理服務。我們已成為加拿大最大的非牟利長者護理機構之一。我們孜孜不倦地繼續倡導長期護理的重要性，以及鼓勵各方在支援長者方面增撥資源。

儘管在疫情期間，籌款工作面臨種種困難，但我們在面臨社會恢復的不確定性中展現了極大韌性，並取得卓越成果。我們迅速適應不斷變化的情況、尋找創新解決方案，並在我們的團隊和社區中體現團結精神。

我們以「龍宴」線上慈善晚會為今年拉開序幕，並舉行了年度高爾夫球賽和電台籌款活動，所有活動都獲得超乎預期的成功。「愛·刻不容緩」籌建新院計劃在加中地產投資總商會的合作夥伴計劃及頤康新生代的活力帶動下，持續蓬勃發展。

這些集體努力的成果在我們所服務的群眾及社區帶來的正面改變中體現出來。我們籌集的資金用於支持頤康四家長期護理中心的運作、社區和專業服務的創新項目，以及頤康郭幼廷寧安中心的善終服務等。我們從服務對象身上看到很多有關希望、勇氣和改變的故事，其中包括Brittany Wilson和她的家人。Brittany在我們的寧安中心舉行了一場特別的婚禮。您可以在後頁了解更多有關她的故事。

展望未來，我們希望籌得更多善款，支持「愛·刻不容緩」籌建新院計劃，為社區加建三家長期護理院，解決長者長時間等待床位的問題。這一切都有賴每一位員工、善長、義工和社區合作夥伴的慷慨支持。我們非常感謝您對頤康使命的持續承諾，並在您的鼎力支持下，我們定必可以並肩為社區創造更美好的明天。



**Dr. Joseph Y.K. Wong,  
王裕佳醫生**

Yee Hong Founder and  
Foundation Board Chair  
頤康創辦人及基金會主席



**Stephen Siu 蕭顯揚**

President of Yee Hong  
Community Wellness  
Foundation  
頤康基金會總裁

# About Yee Hong 頤康

## Vision

Seniors living their lives to the fullest, with independence, health and dignity.

## Mission

Yee Hong offers a full continuum of culturally-appropriate services and care for seniors living in any setting to optimize their physical, mental, social and spiritual well-being. We build organization and system capacity for high quality, inclusive, and integrated services and care.

## Values

**WE CARE** - By being compassionate and seeking to understand and support each other. By respecting diversity and being inclusive and equitable. By supporting people to be independent and make their own choices.

**WE COLLABORATE** - By working together to achieve our shared vision and goals. By leveraging our combined strengths to pursue opportunities and address challenges. By partnering to increase our positive impact on our clients, staff and the system.

**WE COMMIT** - To pursuing excellence through continuous learning, innovation and improvement. To empowering our people to be the best they can be within a progressive organizational culture and work environment. To having integrity and being accountable and to advocating for improved equity and social justice.



## 願景

讓長者活得豐盛、獨立、健康且有尊嚴。

## 使命

頤康提供具連貫性和切合文化需要的服務，讓不同背景的長者在身體、情緒、社交及心靈上倍感幸福；我們建立的制度，有能力提供高質素、包容性的綜合式護理服務。

## 價值觀

**我們關懷**——關愛彼此尋求互 相理解和支持。崇尚多元化、以 包容和公平為原則。支援他人 保持獨立性和自決性。

**我們協作**——通過合作達成 共有的願景和目標。結合優勢 去追尋機會和應對挑戰。通過 夥伴關係增加對服務使用者、 職員和醫療制度的正面影響。

**我們承諾**——通過持續學習、 創新和優化去追求卓越。讓員工 在一個與時俱進的機構 文化 和工作環境中獲得最大發揮。 具備誠信和責任感，並且倡議 公平和社會公義。

# Yee Hong Centre for Geriatric Care's Continuum of Care and Services 頤康連貫式護理服務

## Vision 願景

Seniors living their lives to the fullest 讓長者活得豐盛

## Community Capacity Building 社區建設

Awareness & Advocacy  
意識及倡導

Leadership & Training  
領導力及培訓

Consulting & Coaching  
諮詢及指導

Innovation & Research  
創新及研究

Managed Services  
管理服務

## Programs and Services 活動及服務項目

### Active Seniors Programs

- 活力長者服務
- Fitness 健身
  - Social 社交
  - Cultural 文化交流

- Home Support 居家支援**
- Meals on Wheels 送餐服務
  - Transportation 交通接送
  - Personal Support 個人護理
  - Friendly Visiting 親善探訪

### Community Programs

- 社區活動
- Adult Day Programs 耆老日間活動
  - Congregate Dining 半日消閒活動

### Long-Term Care and Housing Supports

- 長期護理及居屋支援
- Independent Living/ Life Lease 獨立居住/終身租約房屋
  - Assisted Living 支援性房屋
  - Long-Term Care Homes 長期護理院

### End of Life Care

- 臨終關懷
- Hospice Care 善終護理
  - Palliative Care in LTC 長期護理院臨終關懷
  - Virtual Palliative and Bereavement Supports 虛擬喪親支持

## Who We Serve 服務對象

Clients 服務使用者

Residents 院友

Caregivers 關顧者

Families 家屬

Communities 社區

## Values 價值觀

We Care 我們關懷

We Collaborate 我們協作

We Commit 我們承諾

## Yee Hong Family 頤康大家庭

Board  
董事會

Leadership  
管理層

Staff  
員工

Volunteers  
義工

Partners  
合作夥伴

Supporters  
員支持者工



# Excellence in Senior Services & Sector Transformation

## 卓越的長者服務

### Continued Excellence and Innovation in Long-Term Care

Despite pandemic challenges, Yee Hong's staff continued to provide the excellent, high-quality care our residents and families expect. Our stringent infection control measures and exceptional vaccination uptake kept residents and staff safe as we navigated outbreaks.

We continued to innovate our infection prevention and control practices at Yee Hong to further safeguard our residents, caregivers and staff. This year, we treated or replaced 700 high-touch surfaces in our Finch centre with copper to reduce harmful bacteria. Novel solutions like this enhance our already vigilant safety practices and improve safety for everyone.

### 持續卓越及創新的長期護理服務

儘管受到疫情挑戰，頤康員工繼續專注為院友和家屬提供卓越及高質量的護理服務。我們嚴格執行感染控制措施以及理想的疫苗接種率，令院友、家屬和員工在疫情爆發期間都可免受感染。

頤康致力於不斷創新，持續提升我們預防和感染控制措施，進一步保障院友、護理人員和員工的安全。今年，我們在頤康士嘉堡芬治中心將700個頻繁接觸的表面更換為抑菌銅材料，抑制致病細菌生長。此類新穎的解決方案進一步加強了我們的感染控制措施，保護每一位院友和員工。



### Yee Hong's Long-Term Care Key Performance Indicators

#### 頤康的長期護理服務質素表現

Yee Hong remained focused on providing exceptional care and high-quality services to ensure our long-term care residents' diverse and changing needs are met. We continued to meet and out-perform the Ontario average in important measures of resident health and wellness, and we performed remarkably well in maintaining and elevating residents' quality of life.

We achieved these results despite the fact that nearly 72% of Yee Hong's residents are over 85 years old, compared to the Ontario Long-Term Care Home average of 55%. Although Yee Hong's performance was better than the provincial averages in all seven benchmarks (Chart 1), we strive for continuous improvement to elevate residents' experience to the next level.

頤康持續專注於提供卓越護理和高質素服務，以滿足我們長期護理院友多樣化且不斷變化的需求。頤康院友的健康和保健方面的指數繼續超越安省平均值，我們在維持和提高院友生活質素方面表現出色。

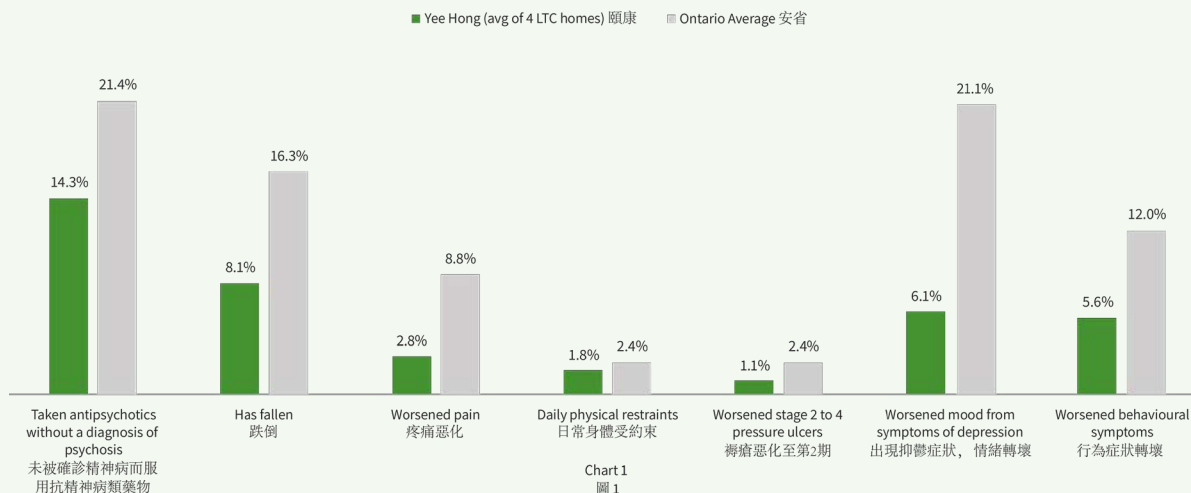
近72%的頤康院友年過85歲，而安省長期護理院的平均值為55%，雖然頤康所有七項基準指標均高於安省平均值(圖1)，但我們仍然會不斷改進，將院友的體驗提升至更高層次。



## Caring and Love through Food 通過美食傳遞愛與關懷

Too often, the pureed food options for people who experience swallowing difficulties is visually unappetizing. With a \$25,000 grant received from the Ontario government, our Yee Hong team will pilot a “Care Food” project in collaboration with The Hong Kong Council of Social Services, set to launch in 2023. This pilot will teach caregivers learn how to prepare delicious, nutritious and visually appealing pureed foods to improve their loved ones’ appetite and quality of life.

對於面對吞嚥困難的長者而言，打成糊狀的食物往往在視覺上並不吸引。通過安省政府25,000元的撥款，我們的團隊與香港社會服務聯會合作，將於2023年啟動「關護食」項目。這個項目將教授照顧者如何準備美味、營養且賣相吸引的軟餐，以提高親人的食慾和生活質量。



### 這些數字意味着什麼？

這些指標由安省內多間長期護理中心進行測量，反映院友的護理質量。我們並不滿足於此，而是力求進步，持續通過嶄新的實踐、培訓和技術，為我們的院友提供更高水平的護理質素。我們的質素改進計劃使我們能夠年復一年地保持卓越的護理水平。

### What do these numbers mean?

For these indicators, lower scores are better. These metrics indicate the quality of care for residents and are measured by many long-term care providers across Ontario. While Yee Hong provides excellent care for our residents, we continue to find ways to improve our care through new practices, training and technology. Ongoing quality improvement plans enable us to maintain exceptional care year after year.

## Home Support Heroes

Our Home Support Services (HSS) team provides essential in-home personal care and support that support seniors to live safely and independently in the community.

Seven days a week, 365 days a year our HSS team responds to 215 daily home care calls, never ceasing service throughout the highs and lows of the pandemic. This around-the-clock care helped isolated seniors remain safe, connected and well taken care of. In fact, 92% of our HSS clients and 98% of our caregivers agree that our services enable their loved ones to remain at home.

This year, we received \$246,452 from Ontario Health Central to expand our existing Assisted Living Services at Seneca Towers. With this funding increase, our HSS team will be able to provide high-quality care to even more seniors.

## 家庭支援的英雄

我們的家庭支援服務團隊提供重要的居家個人護理和支援，讓長者得以在社區中安全且獨立地生活。

一周七天，一年365天，我們的家庭支援服務團隊每天回應215個居家護理呼叫，始終如一地在疫情的高峰低谷中提供服務。這種全天候的關懷，幫助孤獨的長者免受感染，保持聯繫，並得到妥善照顧。據統計，92%的家庭支援服務住戶和98%的照顧者認為，頤康的服務讓他們的親人能夠安心地在家中接受照顧。

今年，我們從安省健康中心獲得\$246,6452的撥款，用於擴展我們現時在Seneca Towers提供的輔助生活服務。通過這筆撥款，我們的家庭支援服務團隊將能夠為更多的長者提供高質素的護理。



## Serving Up Healthy Fun

Research suggests that playing table tennis can help prevent cognitive decline and dementia among older adults. A federal grant this year enabled our team to develop a MedEx Table Tennis for All program to enhance social participation and physical wellness for 50 participants.

## 為長者提供康樂活動

研究顯示，打乒乓球可以幫助長者預防認知能力退化和失智症。今年，一項聯邦撥款使我們的團隊得以開展「MedEx乒乓球全民健身計劃」，為50名參加的長者增加社會參與和保持身體健康。



## Creative and Collaborative Community Care 具創新及協作模式的社區服務

Yee Hong's Community & Professional Services (CPS) team continued to innovate care and collaborate with partners both locally and abroad to support seniors to live independently in the community. This year, our expansive range of community and home support services benefited more than 11,600 clients across Mississauga, Brampton, Markham, Richmond Hill, North York and Scarborough.

頤康社區與專業服務團隊持續就服務方式進行創新，並與本地及國際夥伴合作，支持長者在社區中獨立生活。今年，我們廣泛的社區和家庭支援服務惠及逾11,600名客戶，覆蓋密西沙加、布蘭普頓、萬錦、列治文山、北約克及士嘉堡等地區。



## Sharing What We Know 分享我們的經驗

Yee Hong continued our advisory partnership with GAIA Community Care and Wellness Society in Vancouver. By sharing what we know with GAIA, Yee Hong's comprehensive caregiver support service model was replicated across the country. We look forward to hearing about GAIA's continued progress in expanding services and supports for Chinese caregivers and seniors.

頤康繼續與溫哥華的佳頤中心保持顧問合作關係。通過與佳頤中心分享我們的經驗，頤康的全面照顧者支援服務模式可以推廣至全國範圍。我們期待佳頤中心繼續在支援華裔長者和照顧者服務上取得進展。

## Delicious & Nutritious

As in-person programs ramped up this year, our community kitchen team rolled up their sleeves and served up 62,258 delicious and nutritious meals to seniors in the community. In addition to our own community clients, our kitchen has also been providing hot meals for TransCare clients since 2021.



This year, we also developed a new partnership with Senior Persons Living Connected to provide catering for their community programs. We are delighted that our community kitchen provided an even greater number of seniors with nutritious and delicious culturally appropriate meals.

## 美味與營養兼備

隨著今年面對面項目逐漸增加，我們的社區廚房團隊為社區的長者提供了62,258頓美味而營養的膳食。除了頤康的社區客戶，我們的社區廚房自2021年亦為TransCare的客戶提供熱騰騰的膳食。

今年，團隊亦與Senior Persons Living Connected建立了新的合作夥伴關係，為他們的社區項目提供餐飲服務。我們很高興頤康的社區廚房團體為更多長者提供符合文化習慣的營養美食。



## Optimum Living for the Dying - Yee Hong Peter K Kwok Hospice 臨終關懷 – 頤康郭幼廷寧安中心

**Caring, compassion, kindness, comfort and peace.** These are the words family members often use to describe their experiences at the Yee Hong Peter K Kwok Hospice. This year, our interprofessional hospice team continued to demonstrate what it means to provide optimum and dignified living for the dying.

Through person-centred, culturally and linguistically appropriate palliative services, our team served 120 residents this year, while multi-lingual bereavement services helped families and caregivers experiencing loss. Our virtual palliative support and bereavement programs supported another 155 clients and caregivers in our communities and beyond.

This year, our Hospice team established an Advance Care Planning (ACP) Team comprised of social work and nursing professionals from our hospice, long-term care homes and community services programs. Our ACP team helped Yee Hong residents and clients develop and revise their advance care plans on a regular basis. Regardless of age or health condition, everyone should make plans for their future care. With this understanding, our ACP team provided multi-lingual education sessions to Yee Hong staff, residents, clients, families and community members to raise awareness about the importance of planning for future care.

關懷、仁愛、良善、舒適和安寧，這些詞是家屬們經常用來形容他們在頤康郭幼廷寧安中心的體會。今年，我們的跨專業臨終關懷團隊繼續展示了為末期病患提供最佳且有尊嚴的生活的意義。

通過以人為本與切合文化及語言的紓緩療護，我們的團隊今年為120名病患提供了服務，而多語種的喪親服務則幫助了經歷失去至親之痛的家人和護理人員。我們的虛擬緩和療護及喪親項目還為社區內外的另外155名客戶與護理人員提供了支持。

頤康臨終關懷團隊亦成立了一個預先護理計劃ACP小組，由來自寧安中心、長期護理院和社區服務項目的社工及護理專業人員組成。我們的ACP團隊將幫助頤康的院友與客戶定期制定並修改他們的預先護理計劃。無論年齡或健康狀況如何，每個人都應為自己未來的護理制定計劃。有了這種認識，我們的ACP團隊為頤康員工、住戶、客戶、家屬和社區成員提供多語種的教育課程，提高人們對規劃未來護理重要性的認識。



# Building Organization and System Capacity

## 建構組織及系統能力完善行業護理水平

### Teaching Others the “Yee Hong Way”

In 2022, Yee Hong developed additional new advisory partnerships, including with another not-for-profit organization to meet the criteria to build, open and manage their first long-term care home. As part of this work, we initiated a psychographic study to help our partner better understand the behaviours, needs, wants and values of older adults living in Simcoe County and Innisfil.

Yee Hong also partnered with an association that supports health professionals to improve health equity for black communities. Through this partnership, we will jointly develop a toolkit for providing culturally inclusive care, which can be used by service providers working with diverse individuals in any setting.

### 傳授「頤康」模式

我們的諮詢部門樂於運用我們的知識和專業技能，支持其他同行機構，以增加長者及其家人於社區獲得高質量、以人為本和切合文化需要的護理服務機會。

我們建基於2021年的卓越成果，繼續為我們的合作夥伴提供支持。當中包括一間大多倫多地區的醫院和一個位於安省北部肯諾拉區的原住民諮詢小組，他們分別接管了其社區的長期護理機構的營運。作為值得信賴的導師，頤康支持他們檢視其管理實踐，提出增強營運與領導能力的建議，並幫助他們實施有效的過渡和改進計劃，為長者及其家人提供高質量和切合文化需要的長期護理服務。

2022年，頤康開展了額外的諮詢合作伙伴關係，包括協助另一個非牟利機構，達到興建、成立及管理他們第一個長期護理機構的標準。作為這項工作的一部分，我們啟動了一項心理變數研究，以幫助我們的合作夥伴更好地了解居住在安省錫姆科縣和伊尼斯菲爾鎮的長者行為、需求、期望和價值觀。

Leveraging our knowledge and specialized expertise, Yee Hong’s advisory services team supports other organizations to increase access to high quality, person-centred, and culturally appropriate care for seniors and their families across our communities.

Building on our great work in 2021, we continued to support our partners – a newly established non-profit seniors care organization established by a hospital in the GTA and an Indigenous advisory group in Kenora as they assumed operations of long-term care homes in their respective communities. As a trusted mentor, we supported both partners to review their practices, made recommendations to grow their operational and leadership capacity, and helped them implement an effective transition and improvement plan to deliver high-quality, culturally inclusive long-term care services for seniors and their families.



頤康亦與一個支持醫護人員改善黑人社區健康公平的協會合作。通過這項合作，我們將共同開發一個切合不同文化需要的護理工具包，讓服務提供者可於任何環境中為不同人士提供服務。



## Developing the Next Generation of Leaders

Yee Hong provides training and education through its Private Career College to develop the next generation of thought leaders, change agents and care professionals. Yee Hong developed a leadership program for seniors care sector leaders to advance their competencies. We piloted the program internally with some of Yee Hong's own leaders, and we look forward to offering the program to leaders across the sector in the near future.

In response to ongoing system-wide staffing challenges, Yee Hong invested in personal support worker (PSW) training by launching a Return of Service program through our Private Career College. This program offers free PSW training for 15 individuals in exchange for two years of service at Yee Hong. We are grateful to the CIBC Foundation which donated \$25,000 to support us with this program.

Yee Hong's Private Career College was pleased to welcome 27 new PSW students this year, and proud to graduate another 20 qualified PSWs, many of whom are gainfully employed at Yee Hong and other organizations rapidly.

Looking ahead to 2023, Yee Hong looks forward to training more qualified healthcare professionals. We are applying for OSAP eligibility to remove financial barriers for students, and we look forward to accepting international students. The development of flexible and full-time PSW program options is underway, as well as the design of additional courses and micro-credential programs. Yee Hong is also establishing a second private career college training campus in Mississauga to develop even more PSW students.



## 培育下一代頤康領袖

為應對系統性的人手短缺問題，頤康專業培訓中心推出個人護理員培訓計劃，並為15名學員提供免費的培訓，而15名學員須留在頤康服務兩年。我們非常感謝加拿大帝國商業銀行基金會捐贈25,000元，讓我們得以開展此計劃。



我們同時欣喜地宣布，頤康專業培訓中心今年取錄了27名個人護理員新生，並有20名符合資格的個人護理員畢業，其中多名學員已迅速獲頤康或其他機構聘用。

展望2023年，頤康期待培訓更多合格的醫護專業人員。我們正在申請安省學生援助計劃（OSAP）的資格，以消除學生的財務障礙，並期待錄取國際學生。我們正在籌備靈活和全日制的個人護理員課程，同時亦正設計其他課程和微證書計劃。頤康還將於密西沙加建立第二所專業培訓中心，以培訓更多個人護理員學員。

我們通過頤康專業培訓中心提供培訓和教育，以培育下一代領袖、變革顧問和護理專業人員。頤康為長者護理行業的領導建立了一個領袖計劃，以進一步提升他們的能力。我們亦在頤康領導層內部進行了試點計劃，我們期望在不久將來，可以將此計劃推展至行業的其他領導層。



## Advisory, Education and Research

2022 was another successful year for the Advisory, Education and Research division! We continued to advance Yee Hong's mission which includes building capacity across the seniors services sector by sharing what we know, providing education and training, and expanding our knowledge base through meaningful research.

### 諮詢、教育和研究

今年，頤康諮詢、教育和研究部門繼續取得豐碩成果！我們持續推進頤康的使命，包括與業界分享我們豐富的經驗、提供教育和培訓、進行研究擴大知識庫，以提升長者護理行業的整體能力。



## Expanding our Knowledge Base

As the proportion of older adults continues to increase over the next few decades, research will increase our understanding of seniors' and caregivers' unique and changing needs, new care delivery approaches, and other opportunities to support the highest quality of living and dying.

While Yee Hong has always been involved in research projects, in 2022 we leveraged external subject matter expertise to focus our research plan. The 13 research projects that Yee Hong participated in this year involved collaboration with several researchers from Ontario Health Teams, hospitals, and local and international universities.

Research projects included but were not limited to: improving care and quality of life for older adults and their families, evaluating the quality of research instruments, exploring long-term care residents and staff wellness following the COVID-19 pandemic, piloting a digital early warning solution in long-term care, promoting compassionate end-of-life care for people with dementia, studying unpaid caregivers' mental health and wellbeing, and understanding the needs of stroke survivors and their families.



### 擴大頤康知識庫

隨著長者人口比例在未來幾十年不斷增加，研究將更好地幫助我們了解長者及其照顧者獨特而不斷變化的需求，推出與時並進的護理方法，及其他支持更高品質的生活和善終護理。

頤康一直積極參與研究項目，在2022年，我們借助外部專家的專業知識來聚焦我們的研究計劃。今年，頤康與安省健康團隊、醫院、本地和海外大學的多位研究人員合作參與了13個研究項目。研究項目包括但不限於：改善長者及其家人的護理和生活質素，其中包含評估研究工具的質量、探究新冠疫情後長期護理中心住客和工作人員的健康、在長期護理中心試行電子預警方案、促進患有失智症長者的末期關懷和療養，探討無償家庭照顧者的心理健康和福祉，以及了解中風倖存者及其家人的需要。

# Community Involvement & Advocacy

## 社區參與及倡導

Yee Hong was founded on anti-oppression values and principles. Thirty-five years later, we continue to advocate for increasing access to culturally appropriate person-centre services and care that empower seniors, caregivers and families to live their lives to the fullest.

頤康的創立基於反壓迫的價值觀和原則。35年後的今天，我們繼續倡導增加以人為本與切合文化的服務和護理，使長者、關顧者與他們的家人能充分享受生活。

### 頤康作為綜合系統的一部分所發揮的作用

頤康積極參與多個安省醫療團隊的組織。其54支團隊旨在整合醫療護理資源，並採用基於社會群體健康的標準來改善全民健康水平，為院友、服務使用者 and 病患提供更好的體驗，以及具協調性和導航型的服務。



頤康是士嘉堡、北約克、密西沙加和東約克區北杜蘭四個安省醫療團隊的成員，通過改進服務導航、協調、聯合項目的交付與數字技術等多項舉措，幫助改善護理的可及性、流程及質素。頤康在倡導改善包括亞裔加拿大人在內的人口健康公平方面，發揮著尤為重要的作用。我們積極且有策略地參與安省醫療團隊，確保我們多元化的長者和護理人員的需求在整個決策過程中得到傾聽與反映。

### Our Role as Part of Integrated Systems

Yee Hong actively participated in several Ontario Health Teams (OHTs). Ontario's 54 OHTs are intended to integrate care and use equity-based population health approaches to deliver improved health outcomes and provide better experiences for residents, clients and patients, including but not limited to better coordinated and integrated navigation services.

Yee Hong is a part of four OHTs in Scarborough, North York, Mississauga and East York Region North Durham to help identify and implement approaches to improve the access, flow and quality of care through several improved initiatives such as service navigation, coordination, joint program delivery, and digital technologies. Yee Hong plays a particularly important role in advocating for improved health equity for populations including but not limited to Asian Canadians. Our active and strategic participation in OHTs ensures the needs of our diverse seniors and caregivers are heard and reflected throughout decision-making processes.

### Speaking Up and Out to End Racism

In 2022, Yee Hong continued to speak out against overt and systemic racism and discrimination. We participated in Mayor John Tory's Roundtable on Anti-Asian Racism. Alongside other East and Southeast Asian Canadian community members and leaders, we engaged in meaningful discussions about how people experience anti-Asian racism in our communities and what we can do to create a more equitable and inclusive city.

The negative consequences of inequity are multi-generational and profound. People born in Canada are much more likely to be financially secure compared to peers born abroad. That's true for everyone, Chinese or not. But only 3% of Chinese-Canadian seniors were born in Canada. Most of the seniors Yee Hong serves are less financially secure.

Please take some time to reflect and consider what we can do to prevent racism and oppression. Yee Hong invites you to join us in this important journey.

## Compassionate End-of-Life Care for All

Everyone deserves compassionate, dignified care at the end of life's journey. As the only hospice residence in Scarborough, Yee Hong's Peter K Kwok Hospice is dedicated to supporting residents of Scarborough and surrounding region and their family members with "optimum living for the dying".

With only 10 beds, the hospice alone cannot adequately meet the great need for hospice/palliative care. As a member of the Ontario Palliative Care Network and Hospice Palliative Care Ontario, Yee Hong works with its partners to advocate for increased access and funding for integrated, hospice and palliative care.



Everyone experiences death and dying differently, and Yee Hong's dedication to providing culturally appropriate hospice care (for example, staff speak 18 languages) enables person-centred and dignified care at the end of life for people regardless of their background, culture, religion or socio-economic status.

## 為所有人提供充滿關愛的臨終關懷

在生命旅程的最後階段，每個人都應得到充滿關愛且有尊嚴的關懷。作為士嘉堡唯一的臨終關懷院舍，頤康郭幼廷寧安中心致力於為士嘉堡及周邊地區的居民及其家人，提供體恤關懷的臨終服務。

頤康寧安中心僅有10張床位，無法充分滿足社區對臨終關懷及緩和療護的巨大需求。作為安省善終護理組織的成員，頤康及其合作夥伴共同倡導增加臨終及緩和療護綜合服務的可及性與資金。

每個人對死亡和臨終的經歷都不盡相同，頤康致力於提供切合文化的善終護理(例如：中心的員工能說18種語言)。寧安中心的病人，無論其背景、文化、宗教或社會經濟地位如何，都能獲得以人為本且有尊嚴的護理。

## 為消除種族主義發聲

2022年，頤康繼續發聲，反對公開和系統性的種族主義與歧視。我們參加了多倫多市長莊德利的反亞裔種族主義圓桌會議。我們還與其他東亞及東南亞社區成員及領袖一起，就人們如何在社區中經歷反亞裔種族主義，以及我們可以做些什麼以創建一個更加公平且包容的城市，進行了有意義的探討。

不平等的負面影響是由多代人共同承擔的，而且影響深遠。與國外出生的同齡人相比，在加拿大本地出生的人更有可能獲得經濟保障。這對每個人來說都是如此，無論是否為華裔。但只有3%的華裔長者出生在加拿大。頤康服務的大多數長者的經濟條件都相對比較弱。

請花一些時間反思，並思考我們可以採取哪些措施來防止種族主義和壓迫。頤康誠邀您加入我們這一重要歷程。





# Yee Hong Foundation Connections with the Community

## 頤康基金會與社區聯繫

### Love Gives Capital Campaign

#### Yee Hong to Build Three New Long-term Care Centres

Yee Hong Foundation's Love Gives Capital Campaign was launched to support the construction of three new long-term care centres with a total of 800 licensed beds, effectively doubling our capacity. The campaign's initial goal is to raise \$80 million to start construction, the largest fundraising goal in the history of Canada's Chinese community. It is a monumental task that requires the collaborative efforts of our sponsors, supporters, volunteers, and the community, but the reward will be tremendously fulfilling.

While the fundraising environment has become increasingly difficult, a total of \$12 million has been raised to date, including a generous inaugural donation of \$5 million from the Wu Si Chong Foundation of Hong Kong. We hope to break ground on the first new centre in Scarborough in fall 2023.

Under the leadership of our cabinet, the Love Gives Capital Campaign has started off on the right foot. The Right Honorable Adrienne Clarkson, 26th Governor General of Canada, is the Honorary Patron of the campaign, while Leo DelZotto, Helen Ching-Kircher and Michelle Roth are Honorary Co-Chairs. The campaign cabinet comprises 70 leaders from Toronto's business community, including Jim Ritchie, Winson Chan, Farsad Kiani, Lenny Wong, Shouyi Ma, Melody Lo, and Vanessa Hui.



### 「愛·刻不容緩」籌建新院計劃 加建三家新長期護理院服務社區

頤康發起「愛·刻不容緩」籌建新院計劃，以興建三家新的長期護理中心，此舉，頤康的長期護理床位將增加800張床位，將床位數目提高一倍。初步目標是籌集8000萬建築啟動資金，此金額是加拿大華人社區史上最大的籌款目標。

儘管籌款環境日益困難，我們已經籌到善款1200萬，其中最大一筆500萬元捐款，來自香港伍時暢慈善基金。我們希望在2023年秋季開始動工，興建位於士嘉堡的第一家新院。

### The Foundation as an Important Member of the Yee Hong Family

The Yee Hong Community Wellness Foundation is the fundraising, and public relations arm of the Yee Hong family. While the long-term care services of Yee Hong Centre for Geriatric Care are our primary beneficiary, the Foundation also raises funds to support individual programs of Yee Hong's Community and Professional Services, the Peter K Kwok Hospice, and more.

The magnitude and importance of our work have increased due to the growth of our aging population and the corresponding need for Yee Hong services. Canada has more than 7 million seniors over the age of 65, and the wait time for a Yee Hong long-term care bed can be as long as 10 years, compared to the provincial average of 152 days! The need for culturally-appropriate, quality senior care will only continue to grow in the future. As we embark on our largest and most ambitious Love Gives Capital Campaign ever, Yee Hong Community Wellness Foundation has a dedicated board comprising of community leaders, professionals and corporate elites that is focused specifically on our mission to raise money for Yee Hong.



在籌募委員會的領導下,「愛·刻不容緩」籌建新院計劃已經取得良好開局。加拿大第26任總督伍冰枝(Adrienne Clarkson)閣下是籌建計劃的榮譽贊助人,而Leo DelZotto、程凱儀和Michelle Roth則是榮譽聯席主席。籌款委員會包括多倫多社區及商界的70名領袖,其中包括Jim Ritchie、陳桂祥、Farsad Kiani、黃明亮、馬守義、盧天韻和Vanessa Hui等人。這是一項需要贊助商、支持者、義工和社區通力合作的巨大任務,而回報將會是極其豐盛。

## Partnering To Make A Difference - CCRPA YEE HONG HEROES

Under the Corporate Division of the Love Gives Capital Campaign, Canada-China Realty Professional Association (CCRPA) launched CCRPA Yee Hong Heroes in May 2022. This 5-year fundraising initiative encourages CCRPA members and industry professionals to contribute to Yee Hong with a view to raising a total of \$1 million by 2027.

About 50 CCRPA members have contributed to the program this year and raised a total of \$100,000. The Foundation hosted an appreciation reception in August to salute these heroes and welcome more CCRPA peers to follow suit.

### 攜手創造改變 - 加中地產投資總商會(CCRPA)頤康英雄榜

在頤康「商企聯」籌募行動下,加中地產投資總商會(CCRPA)於2022年5月發起為期5年的「CCRPA 頤康英雄榜」籌款計劃。這項籌款計劃鼓勵CCRPA的成員和業內專業人士為頤康作出貢獻,目標是在2027年前籌集總額100萬。

迄今已有50名CCRPA成員在今年為此項目作出捐款,共籌得善款10萬。基金會在8月份舉辦了一次答謝會,答謝CCRPA頤康英雄,並鼓勵更多CCRPA成員付諸行動。



### 基金會作為頤康大家庭重要的一員

頤康基金會是頤康社群的籌款、傳訊及公關機構,除了為頤康長期護理中心籌募營運經費外,基金會亦會為頤康旗下不同社區服務計劃,以及頤康郭幼廷寧安中心等服務籌款。



隨著人口老齡化迅速加劇,社區對頤康服務的需求亦隨之增加,我們的工作規模和重要性也在不斷提升。加拿大有超過700萬名65歲以上的長者,在安省,平均等待長期護理床位的時間為152天,而申請頤康床位的輪候時間則可長達10年!在未來,切合文化需要的高質素長者護理需求將持續增加。因此,我們展開了有史以來最大型且雄心萬丈的「愛·刻不容緩」籌建新院計劃,頤康基金會特意籌組了一個由社區領袖、專業人士和企業精英組成的籌募委員會。



## Empowering the Next Generation - YH Next Gen

The YH NextGen Division continued to empower the next generation of caregivers to support the seniors of the future. In June, they hosted a Fireside Chat with Bobby Webster, General Manager of the Toronto Raptors, at Tridel's penthouse suite in the Aquabella community. The event was attended by over 60 young supporters, raising a total of \$7,000. Apart from hosting events, YH NextGen also dedicates their time and skills to educating future caregivers and raising awareness of senior care.



## 賦予下一代力量 – 頤康新生代

頤康新生代繼續賦予年輕一代為長者未來貢獻的力量。在六月，他們在Tridel的Aquabella社區頂層套房舉辦與多倫多猛龍總經理Bobby Webster的座談會。這個活動吸引逾60名年輕支持者的參與，共籌得7000元善款。除了舉辦活動，頤康新生代還將他們的時間和技能投入於教育和提高年輕一代對長者護理的認識。

## Salute to Foundation Volunteers

The Foundation can only accomplish our mission with the selfless support and contributions of our incredible volunteers. In June, MP Shaun Chen presented the COVID-19 Humanitarian Service Medal to some 30 Yee Hong Foundation volunteers and supporters, in recognition of their outstanding contributions to our community during the pandemic.

## 向基金會的義工們致敬

頤康基金會作為一個小型團隊，全賴各位義工的無私奉獻與支持，我們得以完成使命。今年六月，國會議員陳聖源向30名頤康基金會的義工和支持者頒發了COVID-19人道主義服務獎章，以表彰他們在疫情期間為社區作出的傑出貢獻。



## Love from the Yee Hong Family

As part of the Yee Hong Family Division and with the support of Yee Hong Garden Terrace residents, volunteers and colleagues, Jimmy Wong, who has been with Yee Hong for 19 years, ran over 7 KM to celebrate his retirement on August 3. Over \$20,000 was raised to support Yee Hong's Love Gives Capital Campaign!



## 頤康大家庭 – 我們並肩同行

作為頤康大家庭的一份子，在頤康工作了19年的Jimmy Wong，選擇用一個特別的形式來慶祝他的退休。他於8月3日舉辦了一個義跑活動，在頤翠園的居民、義工和同事們的鼓勵下，他跑了逾7公里，並籌得超過2萬元善款，支持頤康「愛·刻不容緩」籌建新院計劃！



## 2022 Fundraising Highlights 主要籌款活動

### Dragon Ball 2022 龍宴

Dragon Ball is Yee Hong Foundation's flagship event to raise the funds required to maintain and expand our high-demand services. The expression "Adversity causes some men to break; others to break records" could aptly describe the Foundation's success from our second virtual Dragon Ball in 2022. Over \$600,000 was raised, a better result than some previous in-person galas.

The virtual gala showcased a unique lineup of activities and entertainment to celebrate the Year of the Tiger. Besides the opening performance by the Hong Kong Chinese Orchestra, other exciting acts included a traditional "Chengsam (qipao)" dance performance by Dance DNA, a show by Kenora First Nation drummers, and silent auction. There was also a video of a young chef cooking curry fish balls with his mom, a beloved Hong Kong street food. Our dedicated team of volunteers hand-delivered deluxe Dragon Ball gift boxes to our VIP guests and supporters.

龍宴作為頤康最重要的籌款活動，為維持和擴增頤康現有的優質且高需求的護理服務籌集必要的資金。「有的人在逆境中崩潰，有的人在逆境中創造奇跡」。2022年，儘管我們面臨疫情的限制，但晚宴仍在線上圓滿舉辦，成功籌得超過60萬善款，這份成績甚至以往的現場慈善晚宴更為出色。

線上晚會亦展示了一系列精彩的節目，以慶祝農曆虎年。除了香港中樂團的開場表演外，本地舞團Dance DNA的傳統香港長衫(旗袍)恰恰舞，Kenora原住民的鼓樂演奏，以及網上靜板拍賣會等，均令人稱讚。年輕廚師Ken Yau與母親攜手，帶來一道手作「咖喱魚蛋」的廚藝展示，體現了「香港情懷」的大會主題和兩代親情。頤康敬業的義工們更是親自將幾百份龍宴禮盒送到善長手中。



### Yee Hong Golf Classic 2022

Almost 120 golfers participated in the Yee Hong Golf Classic on August 4. This charity golf tournament was run in memory of the late Patrick Lee, the former Chair of the annual Golf Classic and long-time donor of Yee Hong, who passed away at the Peter K. Kwok Hospice earlier in the year. In his honour, all proceeds of the event went towards Yee Hong's hospice.

### 頤康慈善高爾夫球賽

近120名高爾夫球手參加了8月4日舉行的頤康慈善高爾夫球賽。這次慈善賽事是為了紀念在郭幼廷寧安中心去世的，頤康長期捐贈者李群典，他亦曾擔任多屆球賽的籌辦主席。為了紀念他，比賽的所有收益都用於頤康臨終關懷服務。



### Silver Ball for Parkinson's Patients

Silver Ball is an annual fundraiser to showcase the "I Can Dance" fitness program proudly developed by Yee Hong Centre and Dance DNA in 2017 for individuals with Parkinson's disease and active seniors. Sue Tang, a long-time Yee Hong supporter, has been instrumental in bringing about this innovative program.

Since her retirement as a senior IT executive, Sue has applied her passion for dance to help support the program, including leading the Silver Ball. Our gratitude also goes to Anna Smodleva and Nikolay Smodlev for their dedication to making "I Can Dance" a continued success. On November 12, the Silver Ball returned as an in-person gala, and over \$24,000 was raised.

## Poised for Success: AI Yee Hong Radiothon

Yee Hong Foundation once again partnered with Sing Tao A1 Chinese Radio on November 10 for the annual Radiothon, broadcast live on AM1540 from 7 am to 6 pm. In 2022, the radio programming focused on our Love Gives Capital Campaign. Throughout the 11 hours, inspirational stories were shared by residents, families, and community members about how their lives had been touched by the exceptional care provided by Yee Hong through a full spectrum of culturally-appropriate, quality senior care. Over \$160,000 was raised, bringing us one step closer to realizing our new facilities.

Councillor Cynthia Lai, who always kept Yee Hong close to her heart, sadly passed away three weeks prior to the Radiothon. To honour her last wish and expressed desire, her family donated all the contributions collected from friends, supporters and constituents at her funeral to help accelerate the construction of the new Yee Hong long-term-care centre in her home ward, Scarborough North.

## 頤康A1中文電台籌款

今年，頤康基金會再次與星島A1中文電台攜手，於早上7點至晚上6點舉辦了一年一度的全天候電台籌款。本次電台籌款響應「愛·刻不容緩」籌建新院大型募款運動。在11小時的電台直播中，頤康院友、家屬及社區成員們分享了自己與頤康的故事，以及頤康全方面高質素的長者服務如何觸動他們的生活。活動籌得16萬善款，使我們離建造頤康芬治中心二期更近了一步。

我們敬愛的市議員封賴桂霞在電台籌款舉行的三周前不幸去世，向來言出必行的她始終將頤康牽掛於心。為實現她的遺願，她的家人將在其葬禮上收到的來自朋友、支持者及選民的款項全數捐出，用以幫助頤康在她的選區—世嘉堡北區加快建造新的長期護理院。



## 銀光月影舞年華

「銀光月影舞年華」慈善晚會是「舞蹈無限」課程每年主要的籌款活動，2017年，頤康中心與Dance DNA合作，專門為帕金森症及其它神經系統疾病患者開設了「舞蹈無限」的課程，讓這些患者能體驗跳舞的樂趣並從中受益。李本嫦，一位退休的高級IT管理人員，正是她促成了這項精彩的課程。自李本嫦退休后，她利用自己的舞蹈經驗社區資源幫助推動了該課程，並主導了「銀光月影舞年華」的籌款晚宴。「舞蹈無限」的持續成功亦多得Anna Smodleva與Nikolay Smodlev的付出。11月12日，「銀光月影舞年華」恢復現場晚會，共籌得逾24,000元善款。



## Fundraising for the Hospice 為頤康郭幼廷寧安中心籌款

Yee Hong Peter K Kwok Hospice began operation in November 2020 to provide high-quality palliative care and support to residents in their final days with dignity in a tranquil home-like environment. As the Hospice receives only partial funding from the Ministry of Health, we must raise over \$450,000 each year to ensure its smooth operation and ability to offer all programs and services at no cost to residents and their families. The annual Love & Light memorial event, held in early December for those who experienced a recent loss of their loved ones, raised over \$17,000 for the Hospice.





## Third-Party Events 社區籌款活動

### 2022 Toronto International Dragon Boat Festival 第三十四屆多倫多國際龍舟賽

In June, the Foundation once again partnered with the Chinese Breast Cancer Support Group known as Toronto Phoenix in the 34th Toronto International Dragon Boat Race Festival at Centre Island. A group of breast cancer survivors became “Pink Warriors”, showing an unwavering fighting spirit and united strength in the race. They won second place in the 200-metre event, breaking Yee Hong’s record in previous races, well done! Many supporters and seniors came out to cheer for our team as well as the strong and wonderful women paddling for Yee Hong.

6月，基金會再次與多倫多火鳳凰群組（華人乳癌支持小組）參加在湖心島舉辦的第三十四屆國際龍舟節。一群乳癌倖存者們化身「粉衣戰士」，在比賽中展現出團結拼搏的龍舟精神。最終，她們在200米項目中奪得亞軍，打破了頤康歷屆國際龍舟賽的記錄，表現出色！支持者與長者們也來到現場，給我們的龍舟隊以及所有為頤康全力划槳的女戰士們加油助威。



### Veg-Revival Virtual Community Run 全球復蔬線上公益路跑

The “2022 Global Veg-revival Virtual Community Run” (VegRun), jointly organized by the International Buddha’s Light Association and the Pure Green Foundation, took place in major cities in the United States and Canada. A team of 25 members representing Yee Hong Foundation took part in the “Let Love Flow” VegRun in Toronto, which started at the Markham Museum on June 18. Besides promoting vegetarianism and environmental sustainability, the event also raised funds for various charities, including Yee Hong Foundation.

由國際佛光會與綠色公益基金會共同主辦的「2022全球復蔬線上公益路跑」在北美各大城市開跑。頤康基金會的25位代表參加了6月18日於萬錦市博物館區舉辦的「VEGRUN多倫多起跑」活動。除了推廣素食及環保，活動本身還具有慈善目的，頤康基金會便是此次活動的受益機構之一。

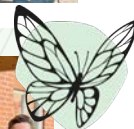


頤康郭幼廷寧安中心於2020年11月正式啓動，為末期病患提供高質素的照顧和善終護理，讓他們能在如家般溫馨且安寧的地方，有尊嚴地走完人生的最後一程。入住寧安中心的病患無需支付任何費用。中心的運作一部分靠政府撥款，基金會還需每年籌集超過45萬以維持其日常的開支。除了其它的籌款活動外，在今年12月初，我們在寧安中心舉辦了「愛之光」紀念活動，與那些失去至親的家人們一起用愛緬懷摯愛，並籌募了超過1萬7千元。

### Wedding at The Hospice 在寧安中心舉行的婚禮

It was always Brittany Wilson’s dream to walk down the aisle alongside her father on her wedding day. Unfortunately, her dad was diagnosed with a life-limiting disease in early 2022 and was admitted to the Yee Hong Peter K Kwok Hospice to receive palliative care. The hospice team worked tirelessly to make Brittany’s dream a reality in just 13 days. The Foundation was able to document the touching story of the wedding in a video, where Brittany and her mother thanked the Yee Hong staff for their care, compassion, support, and friendship.

在婚禮上，能由父親牽著自己走上紅毯，這一直以來都是Brittany Wilson的夢想。不幸的是，她父親於2022年初被診斷出末期疾病，隨即入住頤康郭幼廷寧安中心接受臨終護理，生命進入了倒計時。我們的臨終關懷團隊爭分奪秒，與時間展開賽跑，在短短13天內為Brittany圓夢。Brittany和她的母親萬分感謝頤康員工在此期間對他們的幫助、關懷與支持。他們的故事，也見證了每一份來自社區的捐贈都意義非凡！





# Yee Hong Community Wellness Foundation Donors and Sponsors 捐贈者及贊助商

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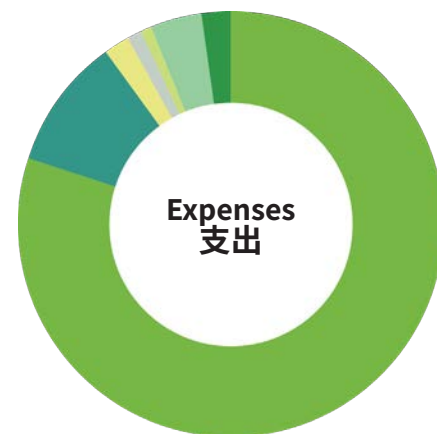
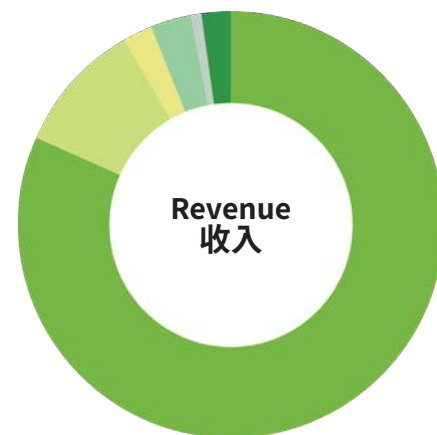
## Combined Financial Highlights 綜合財務概況

2021

Revenue 收入		
● Long-Term Care Homes 長期護理中心	78,547,113	81%
● Community Centres 社區中心	9,790,374	10%
● Interest and other income 利息及其他收入	2,292,583	2%
● Donation and fundraising 募款及籌款	3,297,561	3%
● Amortization of deferred capital contributions 遞延資本攤銷	677,750	1%
● Life Lease 終生租約	2,329,890	2%
	<b>96,935,271</b>	<b>100%</b>

Expenses 支出		
● Long-Term Care Homes 長期護理中心	80,057,214	81%
● Community Centres 社區中心	9,446,509	10%
● Interest and financing 利息及及財務費用	1,736,319	2%
● Direct costs of fundraising 籌款	535,536	1%
● Administration and communications 行政及宣傳	701,123	1%
● Amortization of capital assets 資產攤銷	3,947,324	4%
● Life Lease 終生租約	2,430,543	2%
Senior housing development 長者公寓發展	396,181	0%
	<b>99,250,749</b>	<b>100%</b>

Excess (Deficiency) of revenue over expenses 盈餘/虧損	(2,315,478)	
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# Yee Hong 2022 Board and Senior Staff 董事會及行政人員

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## Yee Hong Centre for Geriatric Care 頤康中心

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